



www.healthsaver.com

Contact:

Todd Smith, 615.764.2598 (O), 615.202.7944 (M)

Andrea Lindsley, 615.780.3315 (O), 615.415.8886 (M)

HealthSaver 2007 Caffeinated Cities Survey

Miami

- **THIRD MOST CAFFEINATED** — Miami ranked as the third most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2007 are:

Most Caffeinated Cities:

1. Chicago
2. Tampa
3. Miami
4. Phoenix
5. Atlanta

Least Caffeinated Cities:

1. San Francisco
2. Philadelphia
3. New York
4. Detroit
5. Baltimore

- **CAFFEINATED TEA CONSUMPTION** – Miami respondents ranked as the most likely city to consume caffeinated tea daily, while Minneapolis/St. Paul is the least likely to report this.
- **PAIN RELIEVERS WITH CAFFEINE** – Miami residents surveyed are the third most likely city to consume pain relievers containing caffeine.
- **CAFFEINE PILLS** – Ranking No. 1, respondents in Miami say they are most likely to take caffeine pills, compared to Baltimore, which was least likely.
- **IS CAFFEINE GOOD OR BAD FOR YOU?** People in Miami were the third most likely to say they think caffeine is good for you. Seattle ranked No. 1.