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HealthSaver 2007 Caffeinated Cities Survey

Baltimore

- **FIFTH LEAST CAFFEINATED** — Baltimore ranked as the fifth least caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2007 are:

Most Caffeinated Cities:

1. Chicago
2. Tampa
3. Miami
4. Phoenix
5. Atlanta

Least Caffeinated Cities:

1. San Francisco
2. Philadelphia
3. New York
4. Detroit
5. Baltimore

- **PAIN RELIEVERS WITH CAFFEINE** – Baltimore residents are the fourth least likely to consume pain relievers containing caffeine.
- **CAFFEINE PILLS** – Respondents in Baltimore say they are least likely to take caffeine pills, compared to Miami respondents who were most likely.
- **WHICH CAFFEINE SOURCE WOULD BE MOST DIFFICULT TO GIVE UP?**
Baltimore ranked No. 1 when it comes to giving up caffeinated tea as compared to 19 other major American cities.